

Julian Chu's 2019 Summer Tai Chi Practice

Activities: Practices of CMC form, Yang style weapons (sword, sable, staff) and push hands. All welcome and free of charge.

Location: **Tai Chi Court at Cabin John Regional Park**
7400 Tuckerman Lane, Rockville, MD

Schedule: Every **Sunday** morning, 8:30 a.m. to 11 a.m., **June 9 ~ August 25**

Contact: Julian Chu, (703) 759-7259

Parking: There are two large parking lots, one near the Tuckerman Lane entrance that is right by the playground, and the other near the Westlake Drive entrance that is by the train rides and picnic pavilions.

Maps: See below

